Residents Still Having Fun during Coronavirus Precautions

The absence of visitors and the continuing need to social distance as much as possible within our [facility] [community] has temporarily changed how we socialize, engage and entertain our residents. However, rest assured our activity and other staff members have been coming up with creative ways our residents can still have fun while staying safe.

In general, all our staff members are engaging with residents at every interaction, asking questions about their day, how they are feeling, and what they have been doing. Regular attempts are being made to ensure residents are staying in touch with family and friends by helping them set up various forms of video chat, phone calls, or writing cards and letters.

Of course, residents are staying in their rooms a lot more, and those who are able have been doing individual activities like reading, word searches, coloring and making crafts. The long running Gunsmoke which originally aired in the mid-50s through the mid-70s with Matt Dillion, Ms. Kitty and Fetus have become a popular TV show again. Hallway bingo is becoming popular, in which the activity staff goes hall by hall to call out bingo while residents check their bingo cards in their doorways. Residents are being encouraged, condition permitting, to stand, stretch and move to increase circulation. Technology, computers, tablets, e-readers, etc. are being utilized to explore virtual activities such as online museums, online classes, online games, online religious events, product browsing, movies, concerts and past sports events.

Residents are continuing to be asked what Activities they would like to do. If it is something usually done in groups, inventive ways are being explored to modify the activity, so it will work within guidelines from the CDC and various other health officials.

In another attempt to help you stay in touch and engaged, we are adding to this page an Activity Calendar update. Although it is not all inclusive of all the wonderful things going on each day, it will give you some idea of what’s going on while you can’t visit. Updates will be posted weekly on Monday around 11am.

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| **Date** | **Day** | **Time(s)** | **Activity** | **Description** |
| 12/14/2020 | Monday | 08:00am10:15am12:15pm02:00pm | Room Visits/One-on-OneCrafts In DoorwaysChristmas Bingo DoorwaysSnacks On Halls | Let’s get residents ready for the dayA way to get great range of motion in hands & fingersOur residents love to win gifts for their roomsA way to meet nutritional needs |
| 12/15/2020 | Tuesday | 08:00am10:15am 12:00pm01:00pm | Bible & Poem ReadingExercise In DoorwaysClothes Pin Drop DoorwaysFamily Visits | Great for spiritual needs for residentsHelps increase flexibility & helps reduce fallsGood for range of motion in hands and fingersOur residents love to see their families. Makes them happy |
| 12/16/2020 | Wednesday | 08:00am10:15am 12:00pm01:00pm | Room Visits/One-on-OneSensory In RoomsRummy Card GameFamily Visits | Gives residents an idea of what activities are for dayHelps make residents laugh and smileGreat for memory stimulation A way to make our residents happy |
| 12/17/2020 | Thursday | 08:00am10:15am 12:00pm01:00pm | Room Visits/One-on-OneMaking Christmas CraftChristmas Music On HallsFamily Visits | One-on-one visits gives residents encouragementActivity to help give purposeChristmas music is great for music therapyA great help to our residents to see their families |
| 12/18/2020 | Friday | 08:00am10:15am12:00pm02:30pm | Exercise Door To DoorSensory In RoomChristmas Craft DoorwaysSnacks On Halls | A great activity for flexibility & helps reduce fallsSensory helps bring laughter and smilesMaking Christmas crafts makes them happy & smileResidents love to hear snack cart coming down hall |
| 12/19/2020 | Saturday | 02:00pm03-00pm | Radio Hour On HallsExercise In Doorways | Intercom book reading. As if listening to the radioHelps increase mobility and helps reduce falls |
| 12/20/2020 | Sunday | 02:00pm03:00pm | Hymn Sing-a-long On HallsLeg Exercise In Doorways | Residents love to sing with HymnsGreat for flexibility & range of motion |

Several of the doorway activities include prizes.