Residents Still Having Fun during Coronavirus Precautions

The absence of visitors and the continuing need to social distance as much as possible within our [facility] [community] has temporarily changed how we socialize, engage and entertain our residents. However, rest assured our activity and other staff members have been coming up with creative ways our residents can still have fun while staying safe.

In general, all our staff members are engaging with residents at every interaction, asking questions about their day, how they are feeling, and what they have been doing. Regular attempts are being made to ensure residents are staying in touch with family and friends by helping them set up various forms of video chat, phone calls, or writing cards and letters.

Of course, residents are staying in their rooms a lot more, and those who are able have been doing individual activities like reading, word searches, coloring and making crafts. The long running Gunsmoke which originally aired in the mid-50s through the mid-70s with Matt Dillion, Ms. Kitty and Fetus have become a popular TV show again. Hallway bingo is becoming popular, in which the activity staff goes hall by hall to call out bingo while residents check their bingo cards in their doorways. Residents are being encouraged, condition permitting, to stand, stretch and move to increase circulation. Technology, computers, tablets, e-readers, etc. are being utilized to explore virtual activities such as online museums, online classes, online games, online religious events, product browsing, movies, concerts and past sports events.

Residents are continuing to be asked what Activities they would like to do. If it is something usually done in groups, inventive ways are being explored to modify the activity, so it will work within guidelines from the CDC and various other health officials.

In another attempt to help you stay in touch and engaged, we are adding to this page an Activity Calendar update. Although it is not all inclusive of all the wonderful things going on each day, it will give you some idea of what’s going on while you can’t visit. Updates will be posted weekly on Monday around 11am.

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| **Date** | **Day** | **Time(s)** | **Activity** | **Description** |
| 12/14/2020 | Monday | 08:00am  10:15am  12:15pm  02:00pm | Room Visits/One-on-One  Crafts In Doorways  Christmas Bingo Doorways  Snacks On Halls | Let’s get residents ready for the day  A way to get great range of motion in hands & fingers  Our residents love to win gifts for their rooms  A way to meet nutritional needs |
| 12/15/2020 | Tuesday | 08:00am  10:15am 12:00pm  01:00pm | Bible & Poem Reading  Exercise In Doorways  Clothes Pin Drop Doorways  Family Visits | Great for spiritual needs for residents  Helps increase flexibility & helps reduce falls  Good for range of motion in hands and fingers  Our residents love to see their families. Makes them happy |
| 12/16/2020 | Wednesday | 08:00am  10:15am 12:00pm  01:00pm | Room Visits/One-on-One  Sensory In Rooms  Rummy Card Game  Family Visits | Gives residents an idea of what activities are for day  Helps make residents laugh and smile  Great for memory stimulation  A way to make our residents happy |
| 12/17/2020 | Thursday | 08:00am  10:15am 12:00pm  01:00pm | Room Visits/One-on-One  Making Christmas Craft  Christmas Music On Halls  Family Visits | One-on-one visits gives residents encouragement  Activity to help give purpose  Christmas music is great for music therapy  A great help to our residents to see their families |
| 12/18/2020 | Friday | 08:00am  10:15am  12:00pm  02:30pm | Exercise Door To Door  Sensory In Room  Christmas Craft Doorways  Snacks On Halls | A great activity for flexibility & helps reduce falls  Sensory helps bring laughter and smiles  Making Christmas crafts makes them happy & smile  Residents love to hear snack cart coming down hall |
| 12/19/2020 | Saturday | 02:00pm  03-00pm | Radio Hour On Halls  Exercise In Doorways | Intercom book reading. As if listening to the radio  Helps increase mobility and helps reduce falls |
| 12/20/2020 | Sunday | 02:00pm  03:00pm | Hymn Sing-a-long On Halls  Leg Exercise In Doorways | Residents love to sing with Hymns  Great for flexibility & range of motion |

Several of the doorway activities include prizes.