Residents Still Having Fun during Coronavirus Precautions

The absence of visitors and the continuing need to social distance as much as possible within our [facility] [community] has temporarily changed how we socialize, engage and entertain our residents. However, rest assured our activity and other staff members have been coming up with creative ways our residents can still have fun while staying safe.

In general, all our staff members are engaging with residents at every interaction, asking questions about their day, how they are feeling, and what they have been doing. Regular attempts are being made to ensure residents are staying in touch with family and friends by helping them set up various forms of video chat, phone calls, or writing cards and letters.

Of course, residents are staying in their rooms a lot more, and those who are able have been doing individual activities like reading, word searches, coloring and making crafts. The long running Gunsmoke which originally aired in the mid-50s through the mid-70s with Matt Dillion, Ms. Kitty and Fetus have become a popular TV show again. Hallway bingo is becoming popular, in which the activity staff goes hall by hall to call out bingo while residents check their bingo cards in their doorways. Residents are being encouraged, condition permitting, to stand, stretch and move to increase circulation. Technology, computers, tablets, e-readers, etc. are being utilized to explore virtual activities such as online museums, online classes, online games, online religious events, product browsing, movies, concerts and past sports events.

Residents are continuing to be asked what Activities they would like to do. If it is something usually done in groups, inventive ways are being explored to modify the activity, so it will work within guidelines from the CDC and various other health officials.

In another attempt to help you stay in touch and engaged, we are adding to this page an Activity Calendar update. Although it is not all inclusive of all the wonderful things going on each day, it will give you some idea of what’s going on while you can’t visit. Updates will be posted weekly on Monday around 11am.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Date** | **Day** | **Time(s)** | **Activity** | **Description** |
| 12/07/2020 | Monday | 08:00am  10:15am  12:00pm  02:00pm | Room Visits/One-On-One  Crafts (Doorway)  Sensory All Kinds (Rooms)  Snacks On Halls | Great way to get residents ready for the day  Gives purpose & encourages creativity  A way to make residents smile & laugh  Helps with nutritional needs |
| 12/08/2020 | Tuesday | 08:00am  10:15am  12:00pm  01:00pm | Bible & Poem Reading  Exercise (Doorways)  Clothes Pin Drop (Doorways)  Family Visits | A great way to give spiritual help to our residents  Helps increase flexibility and helps reduce falls  Great way to help with coordination & have fun  Residents love to see their families |
| 12/09/2020 | Wednesday | 08:00am  10:15am  12:00pm  01:00pm | Room Visits/One-On-One  Sensory All Kind (Rooms)  Ring Toss (Doorways)  Family Visits | Encourage residents to get ready for activities  Some residents love to see the animals(dogs & cats)  Good for range of motion & flexibility  Visit from family helps our residents be happy |
| 12/10/2020 | Thursday | 08:00am  10:15am  12:00pm  01:00pm | Room Visits/One-On-One  Story Time (Doorways)  Slotz Ball (Doorways)  Family Visits | Residents love to hear what is happening for the day  Residents love to reminiscent about their lives  Helps encourage movement. Residents love games  Seeing families helps our residents be happy |
| 12/11/2020 | Friday | 08:00am  10:15am  12:00pm  02:30pm | Exercise In (Doorways)  Sensory All Kinds (Rooms)  Christmas Craft(Doorways)  Snacks On Halls | A great activity to increase flexibility & reduce falls  Helps to have different texture for sensory in room  Our residents love getting ready for Christmas  Resident s love to hear the snack cart coming |
| 12/12/2020 | Saturday | 02:00pm  03-00pm | Radio Hour (Halls)  Color In Room | Radio hour on halls. Resident sing – a - long  Make your room – mate a picture |
| 12/13/2020 | Sunday | 02:00pm  03-00pm | Hymn Sing-a-long (Halls)  Exercise Your Arms | Residents sing – a – long with Hymns  Great range of motion & flexibility |