Residents Still Having Fun during Coronavirus Precautions

The absence of visitors and the continuing need to social distance as much as possible within our [facility] [community] has temporarily changed how we socialize, engage and entertain our residents. However, rest assured our activity and other staff members have been coming up with creative ways our residents can still have fun while staying safe.

In general, all our staff members are engaging with residents at every interaction, asking questions about their day, how they are feeling, and what they have been doing. Regular attempts are being made to ensure residents are staying in touch with family and friends by helping them set up various forms of video chat, phone calls, or writing cards and letters.

Of course, residents are staying in their rooms a lot more, and those who are able have been doing individual activities like reading, word searches, coloring and making crafts. The long running Gunsmoke which originally aired in the mid-50s through the mid-70s with Matt Dillion, Ms. Kitty and Fetus have become a popular TV show again. Hallway bingo is becoming popular, in which the activity staff goes hall by hall to call out bingo while residents check their bingo cards in their doorways. Residents are being encouraged, condition permitting, to stand, stretch and move to increase circulation. Technology, computers, tablets, e-readers, etc. are being utilized to explore virtual activities such as online museums, online classes, online games, online religious events, product browsing, movies, concerts and past sports events.

Residents are continuing to be asked what Activities they would like to do. If it is something usually done in groups, inventive ways are being explored to modify the activity, so it will work within guidelines from the CDC and various other health officials.

In another attempt to help you stay in touch and engaged, we are adding to this page an Activity Calendar update. Although it is not all inclusive of all the wonderful things going on each day, it will give you some idea of what’s going on while you can’t visit. Updates will be posted weekly on Monday around 11am.

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| **Date** | **Day** | **Time(s)** | **Activity** | **Description** |
| 12/07/2020 | Monday | 08:00am10:15am12:00pm02:00pm | Room Visits/One-On-OneCrafts (Doorway)Sensory All Kinds (Rooms)Snacks On Halls | Great way to get residents ready for the dayGives purpose & encourages creativityA way to make residents smile & laughHelps with nutritional needs |
| 12/08/2020 | Tuesday | 08:00am10:15am12:00pm01:00pm | Bible & Poem ReadingExercise (Doorways)Clothes Pin Drop (Doorways)Family Visits | A great way to give spiritual help to our residentsHelps increase flexibility and helps reduce fallsGreat way to help with coordination & have funResidents love to see their families |
| 12/09/2020 | Wednesday | 08:00am10:15am12:00pm01:00pm | Room Visits/One-On-OneSensory All Kind (Rooms)Ring Toss (Doorways)Family Visits | Encourage residents to get ready for activitiesSome residents love to see the animals(dogs & cats)Good for range of motion & flexibilityVisit from family helps our residents be happy |
| 12/10/2020 | Thursday | 08:00am10:15am12:00pm01:00pm | Room Visits/One-On-OneStory Time (Doorways)Slotz Ball (Doorways)Family Visits | Residents love to hear what is happening for the dayResidents love to reminiscent about their livesHelps encourage movement. Residents love gamesSeeing families helps our residents be happy |
| 12/11/2020 | Friday | 08:00am10:15am12:00pm02:30pm | Exercise In (Doorways)Sensory All Kinds (Rooms)Christmas Craft(Doorways)Snacks On Halls | A great activity to increase flexibility & reduce fallsHelps to have different texture for sensory in roomOur residents love getting ready for ChristmasResident s love to hear the snack cart coming  |
| 12/12/2020 | Saturday | 02:00pm03-00pm | Radio Hour (Halls)Color In Room | Radio hour on halls. Resident sing – a - longMake your room – mate a picture |
| 12/13/2020 | Sunday | 02:00pm03-00pm |  Hymn Sing-a-long (Halls)Exercise Your Arms | Residents sing – a – long with HymnsGreat range of motion & flexibility |