Residents Still Having Fun during Coronavirus Precautions

The absence of visitors and the continuing need to social distance as much as possible within our [facility] [community] has temporarily changed how we socialize, engage and entertain our residents. However, rest assured our activity and other staff members have been coming up with creative ways our residents can still have fun while staying safe.

In general, all our staff members are engaging with residents at every interaction, asking questions about their day, how they are feeling, and what they have been doing. Regular attempts are being made to ensure residents are staying in touch with family and friends by helping them set up various forms of video chat, phone calls, or writing cards and letters.

Of course, residents are staying in their rooms a lot more, and those who are able have been doing individual activities like reading, word searches, coloring and making crafts. The long running Gunsmoke which originally aired in the mid-50s through the mid-70s with Matt Dillion, Ms. Kitty and Fetus have become a popular TV show again. Hallway bingo is becoming popular, in which the activity staff goes hall by hall to call out bingo while residents check their bingo cards in their doorways. Residents are being encouraged, condition permitting, to stand, stretch and move to increase circulation. Technology, computers, tablets, e-readers, etc. are being utilized to explore virtual activities such as online museums, online classes, online games, online religious events, product browsing, movies, concerts and past sports events.

Residents are continuing to be asked what Activities they would like to do. If it is something usually done in groups, inventive ways are being explored to modify the activity, so it will work within guidelines from the CDC and various other health officials.

In another attempt to help you stay in touch and engaged, we are adding to this page an Activity Calendar update. Although it is not all inclusive of all the wonderful things going on each day, it will give you some idea of what’s going on while you can’t visit. Updates will be posted weekly on Monday around 11am.

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| **Date** | **Day** | **Time(s)** | **Activity** | **Description** |
| 09/07/2020 | Monday | 08:00am  10:00am  12:00pm  01:30pm  02:30pm | In Room Visits/One-On-One  Outside Walks(Courtyard)  Crafts In (Doorways)  Movie On Tablet  Snacks On halls | Helps get residents excited about activities for day.  Helps increase flexibility & mobility.  Great for arm & hand exercise.  They can watch movie of choice in room on tablet.  Residents love snacks. Good for nutritional needs. |
| 09/08/2020 | Tuesday | 08:00am  10:00am  12:00pm  01:00pm | Bible &Poem Reading In Room  Clay Molding In Room  Sensory In Rooms(All Kind)  Family Visits(Glass Doors) | Good for spiritual needs. Residents love this.  Great exercise & making something to keep in room  Keeps residents happy and puts smile on face.  Residents love to see family & family love to see them. |
| 09/09/2020 | Wednesday | 08:00am  10:00am  12:00pm  01:30pm | In Room Visits/One-On-One  Make Someone A Card  Floor Piano On Halls  BINGO On Halls | Helps give residents an idea what’s happening today.  Gives purpose and helps other residents.  Residents love to make their own music.  They love to win prizes. |
| 09/10/2020 | Thursday | 08:00am  10:00am  12:00pm  01:00pm | In Room Visits/One-On-One  Craft Morning (Doorway)  Hot Potato On Halls  Family Visits(Glass Doors) | Residents like to know what activities are happening  They love making what they like for rooms.  Helps with flexibility & range of motion.  Helps families to know their resident is doing great. |
| 09/11/2020 | Friday | 08:00am  10:00am  12:00pm  01:30pm  02:30pm | Morning Crafts( In Rooms)  Hall Bowling (Hallways)  Room Visits (Activity Talk)  Movie Evening Tablet(Room)  Snacks On Halls | Residents love to make crafts for their room.  They love to bowl. Great flexibility & helps reduce falls.  Good to ask if residents would like to change activities.  Great way to let residents pick what they watch.  Residents enjoy their snacks in the evenings. |
| 09/12/2020 | Saturday | 02:00pm  03-00pm | Radio Hour  Sing To A Staff Member | Radio music on halls. Good music therapy.  Some residents like to sing each day. |
| 09/13/2020 | Sunday | 02:00pm  03-00pm | Hymn Sing-a-long  Things I’m Thankful For | Resident sings along with music.  Residents tell staff why their thankful. Helps elevate mood. |

Several of the doorway activities include prizes.