Residents Still Having Fun during Coronavirus Precautions

The absence of visitors and the continuing need to social distance as much as possible within our [facility] [community] has temporarily changed how we socialize, engage and entertain our residents. However, rest assured our activity and other staff members have been coming up with creative ways our residents can still have fun while staying safe.

In general, all our staff members are engaging with residents at every interaction, asking questions about their day, how they are feeling, and what they have been doing. Regular attempts are being made to ensure residents are staying in touch with family and friends by helping them set up various forms of video chat, phone calls, or writing cards and letters.

Of course, residents are staying in their rooms a lot more, and those who are able have been doing individual activities like reading, word searches, coloring and making crafts. The long running Gunsmoke which originally aired in the mid-50s through the mid-70s with Matt Dillion, Ms. Kitty and Fetus have become a popular TV show again. Hallway bingo is becoming popular, in which the activity staff goes hall by hall to call out bingo while residents check their bingo cards in their doorways. Residents are being encouraged, condition permitting, to stand, stretch and move to increase circulation. Technology, computers, tablets, e-readers, etc. are being utilized to explore virtual activities such as online museums, online classes, online games, online religious events, product browsing, movies, concerts and past sports events.

Residents are continuing to be asked what Activities they would like to do. If it is something usually done in groups, inventive ways are being explored to modify the activity, so it will work within guidelines from the CDC and various other health officials.

In another attempt to help you stay in touch and engaged, we are adding to this page an Activity Calendar update. Although it is not all inclusive of all the wonderful things going on each day, it will give you some idea of what’s going on while you can’t visit. Updates will be posted weekly on Monday around 11am.

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| **Date** | **Day** | **Time(s)** | **Activity** | **Description** |
| 06/15/2020 | Monday | 08:30am  10:00am  12:30pm  02:45pm | One-on-one/Room Visits  Polar Express On Halls  Make Room Mate A Card  Snacks On Halls | Great For Socialization.  Helps get residents moving to the beat.  Great for range of motion in hands & fingers.  A snack is good for the sole. |
| 06/16/2020 | Tuesday | 08:30am  10:00am  12:00pm  01:00pm | Bible & Poem Reading/ Halls  Kick Ball Door To Door  Sing Me A Song  Family Visits ( DOOR ) | Wonderful for Spiritual help.  Great for flexibility & helps reduce falls.  Some of our residents love to sing.  Resident love to see their family. |
| 06/17/2020 | Wednesday | 08:30am  10:00am  12:00pm  02:30pm | Doing Room Visits  Corn hole In Doorway  Write A Story In Room  Snacks On Halls | Great to encourage residents to get ready for the day  Great for competition & range of motion.  Encouraging creativity & purpose in room.  Wonderful for nutritional needs. |
| 06/18/2020 | Thursday | 08:30am  10:15am  12:00pm  01:00pm | One-On-One/ Room Visits  Bead Craft In Doorway  String Art In Doorway  Family Visits ( DOOR ) | Residents really love to get one-on-one visits.  Creativity is great for working with mind & hands.  Lets the resident express their feelings through art.  Residents love to see their family. |
| 06/19/2020 | Friday | 08:30am  10:15am  12:00pm  02:30pm | Make A Face Morning  Can You Dance?  Sensory ( All kinds)  Snacks On Halls | Who can make the funniest face?  Great exercise in all extremities.  Helps residents with cognition.  Residents love their snacks. |
| 06/20/2020 | Saturday  First Day Of Spring! | 02:00pm  04:00pm | Music Of Residents Choice  Sing A Long With Music  Color Someone A Picture | Intercom music of resident’s choice.  Color a picture for someone you love. |
| 06/21/2020 | Sunday  Father’s Day | 02:00pm  04:00pm | Playing Gospel Hymns Over Head.  Tell A Resident A Story | Our Residents love their Gospel Hymns.  Residents love to hear stories.. |

Several of the doorway activities include prizes.