Residents Still Having Fun during Coronavirus Precautions

The absence of visitors and the continuing need to social distance as much as possible within our [facility] [community] has temporarily changed how we socialize, engage and entertain our residents. However, rest assured our activity and other staff members have been coming up with creative ways our residents can still have fun while staying safe.

In general, all our staff members are engaging with residents at every interaction, asking questions about their day, how they are feeling, and what they have been doing. Regular attempts are being made to ensure residents are staying in touch with family and friends by helping them set up various forms of video chat, phone calls, or writing cards and letters.

Of course, residents are staying in their rooms a lot more, and those who are able have been doing individual activities like reading, word searches, coloring and making crafts. The long running Gunsmoke which originally aired in the mid-50s through the mid-70s with Matt Dillion, Ms. Kitty and Fetus have become a popular TV show again. Hallway bingo is becoming popular, in which the activity staff goes hall by hall to call out bingo while residents check their bingo cards in their doorways. Residents are being encouraged, condition permitting, to stand, stretch and move to increase circulation. Technology, computers, tablets, e-readers, etc. are being utilized to explore virtual activities such as online museums, online classes, online games, online religious events, product browsing, movies, concerts and past sports events.

Residents are continuing to be asked what Activities they would like to do. If it is something usually done in groups, inventive ways are being explored to modify the activity, so it will work within guidelines from the CDC and various other health officials.

In another attempt to help you stay in touch and engaged, we are adding to this page an Activity Calendar update. Although it is not all inclusive of all the wonderful things going on each day, it will give you some idea of what’s going on while you can’t visit. Updates will be posted weekly on Monday around 11am.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Date** | **Day** | **Time(s)** | **Activity** | **Description** |
| 05-25 | Monday | 08:30am  10:00am  01:30pm  02:30pm  03:00pm | One-on-one/Visits  Sensory/Room Visits  Gospel Music/Floor Piano  Snacks On Halls  Memorial Day | Helps Get Residents Ready For The Day.  To comfort the residents & socialization.  Elderberry Group sings to residents. They love floor piano.  Residents love their snacks.  A moment of silence for our fallen veterans. |
| 05-26 | Tuesday | 08:30am  12:00am  01:30pm  02:45pm | Bible Reading/Poem Reading  Sensory On Halls/Box/Dog  Arts & Crafts On Halls  Snacks On Halls/In Room | Resident Spiritual needs are very important to them.  Helps to make resident laugh & movement.  Making things for their rooms to look at.  Our residents love their snacks. |
| 05-27 | Wednesday | 08:30am  10:00am  12:00pm  01:30pm  02:45pm | Socializing/1:1 Visits On Hall  Clay Molding In Rooms  Sensory In Rooms/Ball/Cats  Corn Hole/ In Doorways  Snacks On Halls | Helps residents know what is happening each day.  Range of motion for hands & fingers.  Residents love to play ball & see the animals.  For flexibility & and helps prevent falls.  They love snacks. |
| 05-28 | Thursday | 08:30am  10:00am  12:00pm  01:30pm  03:00pm | One-on-one/Room Visits  Slotz Ball In Doorways  Sensory/Mach/Box/Ball  BINGO In Doorways  Snacks On Halls | To see if they need anything for the day.  Good range of motion & exercise.  Good flexibility with hands.  They love BINGO.  Enjoy snacks. |
| 05-29 | Friday | 08:30am  10:00am  01:30pm  02:45pm | Card Games In Doorways  Sensory /In Rooms/Exercise  Paper Craft In Doorway  Ice Cream Party (Non-Social) | A great activity to increase memory.  Resident plays bingo from doorway  Activities to help give purpose &they get to keep in room.  SNACKS They love. |
| 05-30 | Saturday | 02:00pm  02:30pm  03-00pm | Music Overhead  Window Bird Watching  Work Your Puzzle Books | Intercom Music Overhead As if listening to the radio  Helps to remember the types of birds & count them.  For memory & range of motion for fingers. |
| 05-31 | Sunday | 01:00am  02:00pm  03-05pm | Puzzle Time In Room  Intercom Hymn Sing-A-Long  Why I’m Thankful You | Residents ask for puzzles in room.  Residents love their Gospel music.  Residents write down. Shown to help elevate mood. |

Several of the doorway activities include prizes.